

## Annotated Bibliography

Date of Research	Sources of Information	Key Area/Terms you were searching	Your findings from this source and how useful you found it
24.03.25	Anon (2019). <i>Billie Eilish On Mental Health &amp; Friendship</i>   Ad Council. [online] Available at: <a href="https://youtu.be/_XFdoRLKQWA">https://youtu.be/_XFdoRLKQWA</a> .	Conversations Support	3/5 The video portrays the importance on asking people if they're okay and checking in on others as it could make their day without knowing. It is less telling Billie's story with mental health battles and more what people struggling want to hear to help them from past experiences.
24.03.25	Anon (2019). <i>Billie Eilish Talks About Self-Harm, Depression and How She's Coped</i> . [online] Available at: <a href="https://www.huffingtonpost.co.uk/entry/billie-eilish-self-harm-depression-mental-health_n_5d41e27ce4b01d8c97859219">https://www.huffingtonpost.co.uk/entry/billie-eilish-self-harm-depression-mental-health_n_5d41e27ce4b01d8c97859219</a> .	Coping 17 years old	2/5 This is due to the reliability of the source as it is just collected information from other articles which could have twisted the words. However, it does give resources of other articles which is useful.
25.03.25	Anon (2023). <i>Embracing Neurodiversity: Robbie Williams' Journey</i> . [online] Enna. Available at: <a href="https://enna.org/embracing-neurodiversity-robbie-williams-journey/">https://enna.org/embracing-neurodiversity-robbie-williams-journey/</a>	Neurodiversity ADHD	2/10 This source was not particularly useful as it more so focused on neurodiversity, the source also did not seem as reliable as others with no proof of direct information from Robbie Williams, just collected from other sources by the looks of things.
24.04.25	Betterman (2024) Directed by M. Gracey (film) Place of distribution: Docklands Studios	Addiction Support Rehab Honesty	5/5 The film shows a true portrayal of Robbie Williams story from growing up and his dad leaving, to him being in Take that and the start of his addiction battle. It

			shows his weak moments from pushing others away, losing partners from his addiction making him act like a complete different aggressive person to who he is.
24.03.25	Blistein, J. and Martoccio, A. (2024). <i>Billie Eilish Opens Up About Her Mental Health: 'I'm a Depressed Person'</i> . [online] Rolling Stone. Available at: <a href="#">Billie Eilish Opens Up About Mental Health: 'I'm a Depressed Person'</a>	Depression Support Struggles Fame	5/5 This is extremely useful of a resource as it gives a full insight on how Billie felt throughout the different stages in her life, as well as how being thrown into the industry at such a young age had affected her. Billie completely opens up about her feelings as the causes of them and what she does to prevent or suppress these feelings.
07.05.25	Crumlish, C. (2021). <i>Billie Eilish: Star's pre-show ritual to warm up her voice</i> . [online] Express.co.uk. Available at: <a href="https://www.express.co.uk/entertainment/music/1417870/billie-eilish-voice-warm-up-show-tour-interview-sabrina-claudio-finneas-o-connell">https://www.express.co.uk/entertainment/music/1417870/billie-eilish-voice-warm-up-show-tour-interview-sabrina-claudio-finneas-o-connell</a>	Warmup Vocal preparation	2.5/5 This source was somewhat useful it gave song example of what she warms up with.
24.03.25	Eells, J. (2019). <i>Billie Eilish and the Triumph of the Weird</i> . [online] Rolling Stone. Available at: <a href="https://www.rollingstone.com/music/music-features/billie-eilish-cover-story-triumph-weird-863603/">https://www.rollingstone.com/music/music-features/billie-eilish-cover-story-triumph-weird-863603/</a> .	Dream Superstar	2/5 This source was not very useful it just more gave an insight on how she is as a person and the normal things she does in her life like us when she was 17.
24.04.25	Lifton, D.L. (2023). <i>The Story of Elton John's 1975 Suicide Attempt</i> . [online] Ultimate Classic Rock. Available at: <a href="https://ultimateclassicrock.com/elton-john-1975-suicide-attempt/">https://ultimateclassicrock.com/elton-john-1975-suicide-attempt/</a> .	Self-loathing Addiction	4/5 This source was useful to me as it gave a deep insight of the period when Elton's life was at his lowest point. It also shows how even after his suicide it did not inspire him to turn his life around like you would expect it to be. He was so deep into his addiction, fully in the throttle of his career and the pressures of the industry he simply could not save himself. This gives me a deeper understanding on coming out of

			addiction and you must want to save yourself to recover and improve yourself.
12.05.25	Luong, T (2024). <i>The Evolution of Elton John's Voice: The Story Behind the Transformation</i> . [online] Jervis Family Store. Available at: <a href="https://jervisfamily.com/blogs/celebrity/the-evolution-of-elton-john-s-voice-the-story-behind-the-transformation">https://jervisfamily.com/blogs/celebrity/the-evolution-of-elton-john-s-voice-the-story-behind-the-transformation</a>	Surgery Protection	3/5 This was somewhat useful for me as it more shown me Elton journey regarding him and his vocal health. It informed me how he pushed his voice to hard in the late 70s, early 80s and his addiction also did not help his voice, so he had to get surgery in 1986 and adapt to his new voice and retrain himself, this emphasises the point of warming up and looking after your vocal health no matter where your performing or what song your performing.
24.03.25	Martoccio, A. (2024). <i>Billie Eilish Would Like to Reintroduce Herself</i> . [online] Rolling Stone. Available at: <a href="https://www.rollingstone.com/music/music-features/billie-eilish-hit-me-hard-and-soft-mental-health-fame-1235003585/">https://www.rollingstone.com/music/music-features/billie-eilish-hit-me-hard-and-soft-mental-health-fame-1235003585/</a> .	Depression Creativity	3.5/5 This source was useful to me as Billie somewhat opened up about her experience with depression as well as discussing the difficulty of her job and what severe things she will do to herself for her career to get the best outcome for her fans. It also shows how she has learnt more about herself as a person and how she dresses to please only herself, she doesn't do what is popular or trending just what she feels comfortable with.
07.05.25	Otakukart. (2024). <i>Billie Eilish's Concert Makeup Routine Goes Viral: Here's How She Gets Ready for the Stage</i> . [online] Available at: <a href="https://otakukart.com/billie-eilishs-concert-makeup-routine-goes-viral-heres-how-she-gets-ready-for-the-stage/">https://otakukart.com/billie-eilishs-concert-makeup-routine-goes-viral-heres-how-she-gets-ready-for-the-stage/</a>	Preparation Routine	2.5/5 This source was somewhat useful as it ran through Billie's makeup routine in preparation for a gig and the importance of feeling and looking good.
25.03.25	Pharo, J. (2023). <i>Robbie Williams's mental health battles - from ADHD to body dysmorphia and PTSD</i> . [online] OK!	Rehab Professional	3/5 This source somewhat useful because it shows the phases of how to prioritise yourself and how he did it by leaving the

	Magazine. Available at: <a href="https://www.ok.co.uk/tv/robbie-williams-explains-mental-health-31354185">https://www.ok.co.uk/tv/robbie-williams-explains-mental-health-31354185</a>		most important person behind to become sober. It gives a personal insight of how Robbie felt in that situation as he is open and honest.
24.04.25	Rocketman (2019) Directed by D. Fletcher (Film) Los Angeles: Paramount Pictures	Battle True story Addiction	5/5 This resource was extremely useful to me as it created a true picture of Sir Elton John's story for viewers to understand. We know this story is true as Elton had a lot of involvement when it came to how he wanted his story to be portrayed to the public eye. He did not hesitate when it came to making himself look like a bad person as that is something which comes with facing addiction.
12.05.25	Williams, R. (2025). Available at: <a href="https://youtu.be/tXq8iMIK-LA?si=kt6DEp5Ht_YSWIC4">https://youtu.be/tXq8iMIK-LA?si=kt6DEp5Ht_YSWIC4</a>	Preparation Warmup	2/5 This video was somewhat useful as it gives a glimpse in what Robbie does to prepare for performances however, he mentions a video he uses to warmup but does not show him using it which is something I would have liked to of seen.
12.05.25	Williams, R. (2025). Available at: <a href="https://youtu.be/1NGjZT7WuWU?si=B26bodGgiVIa-oRq">https://youtu.be/1NGjZT7WuWU?si=B26bodGgiVIa-oRq</a>	Scales Vocals	2.5/5 This was somewhat useful as it shoes Williams with other members warming up before performing doing scales to a piano.
12.05.25	Williams, R. (2025). <i>YouTube</i> . [online] Available at: <a href="https://youtu.be/oea3S9toHnU?si=ZUWsOWFZnQj8bRPT">https://youtu.be/oea3S9toHnU?si=ZUWsOWFZnQj8bRPT</a>	Genre Switch	4/5 I found this video interesting, how he flips the genre of the song ignition to more of a swing style which is the genre he mainly sings, so it suits his voice more helping him prepare to perform in the style he will be singing in. This is something that I would like to try and do in the future as it has really intrigued me, and I would like to know how useful it is for him.

